

St. Aloisius Community Volunteer Program



St. Aloisius
Medical Center
SMP Health System

- November 09 -

Sources of Strength

Wells Co. Mentoring * Faith in Action

Senior Companions * Hospice

St. Aloisius Long Term Care

Pastoral Care * Precious Goodbyes

ALIVE * Nurturing Program * RSVP

Happy Thanksgiving!

Wellness Clinic

The fall Wellness Clinic will be held in Harvey at the St. Aloisius Outpatient Services (the former clinic building attached to the hospital) on November 2nd, 4th, 9th and 11th from 6:00-10:00 a.m. This includes blood pressure and a panel of 18 lab tests including triglycerides, cholesterol & anemia screen. Depression screenings available. \$30.00 includes continental breakfast. Men can get a PSA test for an additional \$25.00. Remember – only water for 12 hours before tests.

Nurturing Classes

Our 2009 Nurturing Parenting classes will be ending on November 12th. We would like to extend our heartfelt appreciation to classroom facilitators and local churches who have generously supported this ministry. It is our prayer that those who attended will benefit for years to come and enjoy healthier, more nurturing families.

Long Term Care

We are always looking for caring people to spend time with residents. Call Denise Martin for additional information.

Community Thanksgiving Program

Please join our community Thanksgiving program on Sunday, November 22nd at 7:00 pm at the Mennonite Brethren Church. The service will be followed with pie and coffee.

Grief Series

St. Aloisius is running a grief support series on KHND radio. This 17 week broadcast will be on Wednesday evenings at approximately 6:10 p.m. and is intended to help anyone who has suffered a loss or is going through the grieving process. If you would like to visit with someone in person regarding grief, contact Tammy Neurohr.

Hospice

We currently have four hospice patients.

November is national hospice recognition month. We would like to extend our appreciation and deep gratitude to volunteers and others who minister to those in hospice.

Senior Companions

There will be an information sharing meeting at St. Aloisius on Wednesday, November 25th at noon. Please remember to use your meal coupons and bring completed timesheets.

Welcome to our team, Dee Hirsch.

Faith in Action

In addition to providing medical transportation, we periodically have people who need help with light housework, cooking, making out bills, etc. If this is something that you may be able to help with, please let us know.

Congratulations to our
Mentor of the month,
Deann Hall
and our volunteer of the month,
Marian Hase
You are appreciated!

Christmas Tree Needed

Hospice is looking for a good artificial Christmas tree to use at our Quiet Christmas and throughout the Christmas season. If you have one that you would like to donate, please contact Tammy Neurohr.

Prevention

Prevention is all about the little choices that we make daily. When we practice making healthy choices with small matters, it will come more naturally when we face bigger issues. It's never too early to start teaching children and making a commitment as adults to practice making routine healthy choices for a life-time of prevention.

National Survivors of Suicide Day

Saturday, November 21st is set aside as a day where our nation honors those who have survived suicide. This includes those who have attempted suicide and survived, as well as friends and family who have lived through the loss of a loved one to suicide.

Mark Your Calendar:

Cheri Peters

November 6th, 9:45-11:15 at the Harvey High School and 6:00 pm at the Presentation Center. See attached poster.

Quiet Christmas (for those who are grieving)

On Sunday, December 6th at 4:00 p.m. St. Aloisius Medical Center and St. Alexius Hospice, Harvey Branch will reserve a Quiet Christmas at the Presentation Center.

Thought to Ponder

God calls us to love one another in the same way that He loves us. He does not call us to convict, condemn or change the heart of our brothers or sisters. We are to simply love them, unconditionally, as they are. He is quite capable of doing the rest.

Bible Verse

In Him the whole building is joined together and rises to become a holy temple in the Lord. And in Him, you too are being built together to become a dwelling in which God lives by His Spirit. ~Ephesians 2:21-22

St. Aloisius Website:

Check out what's going in your community by logging onto the St. Aloisius website at <http://www.stalouisius.com/>.

God bless you and keep you in His perfect peace.

Tammy Neurohr, Sources of Strength Volunteer Program Coordinator

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Take time to be thankful.

The Lord is exalted, for He dwells on high; He will fill Zion with justice and righteousness. He will be the sure foundation for your times, a rich store of salvation and wisdom and knowledge; the fear of the Lord is the key to this treasure.

--Isaiah 33:5-6, NIV

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### **Afraid of the Right Things**

The shot through the rattlesnake's head had all but demolished it. The snake was twisting on the driveway, and the family gathered to look at it.

One grandson reached out to touch it. Bill grabbed him and held him back, explaining that even a dead snake can be deadly. Still, the boy was totally without fear and determined to grab the snake's tail. But as he reached for it, the snake's mangled heap struck out. The boy jumped back, getting the message: Rattlesnakes are to be feared.

Education, it has been said, consists of being afraid of the right things.

We taught our children to be careful with matches and open flames; fear of house fires and forest fires prompts sensible precautions. We also taught them not to run into the street without looking both ways; a proper fear of cars is also legitimate.

There is one grand, noble fear we are taught from Genesis to Revelation—fear of the Lord. This is more than being scared. It is a reverential trust, not only a fear of offending, but a loving to the point that one would not want to offend.

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Prayer for the Day:

Father, You have been so gracious to me. Keep me from taking Your memory for granted and from ignoring Your commandments and Your presence in my life.

Taken from "Letters from Ruth's Attic – Insights for Knowing God's Love" by Ruth Bell Graham

