



St. Aloisius
Medical
Center

SMP Health System

HEALING FIRE AND LIGHT

Marian Hase—Editor Staff News

November 2012

We are all God's people taking care of God's people.

St. Aloisius Happenings November 2012

6 **ELECTION DAY!**

15 *Mission Integration*—8 am

15 *Risk Mgmt*—1:30 pm

16 *Hospice Soup Luncheon*—11 am to 1 pm

22 **HAPPY THANKSGIVING!**

27 *Department Managers* - 2 pm

25 29 *QI*—Noon



DISASTER DRILL RESULTS!

Friday, October 26 Call Back test—86% completed correctly!

Tuesday, October 30 Call Back drill—38% completed correctly; 62% incorrectly BUT a lot of people were telling me they could not respond to the phone message....technical difficulties.

Immunization drill, October 30, 2012—about 160 of you responded to the front lobby with 85 people receiving their annual flu shot within the 4 hour period. **Great Job!**

516 people participated in the October Wellness days!

Look for dates to get your flu shot if you did not get it on October 30th!

Daycare needs a part-time janitor!

**New Employees for October
Welcome to the
St. Aloisius Medical Center Family!**

**Lynne Dick—Daycare
Kim Baird—Dietary
Holly Dockter—Medical Records**

**New CNA Class
Kara Juhnke
Elizabeth McFarren
Megan Phillips**

EMPLOYEE ASSISTANCE PROGRAM



What is the Employee Assistance Program?

The EAP is a confidential assessment/counseling/referral service staffed by trained professionals who can help you and your family to evaluate your problems and take positive action to resolve them.

Your organization provides employee assistance services to all employees and their immediate family members. (Employee, spouse, dependent children)

What kind of help is available?

Marital or Family Concerns

Emotional & Behavioral Concerns

Alcohol & Drug Dependence

Work-related Problems

Financial Problems

How Much Does It Cost? The EAP provides up to 3 counseling sessions without cost to you or your family.

How To Use The EAP: Employees and their families may contact a counselor to arrange services by calling 1-800-327-7195 or 530-7195.

Counselor Tim Olson comes to St. Aloisius Outpatient Services Center (Clinic) the last Wednesday of the month. He will be coming November 28, 2012.



Spirituality and Work

Working in health care influences how we live. Every job shapes how we use time, understand the world and even what we believe. Doctors tend to live and think as doctors, nurses and others that work in the health field. Each develops a particular way of living that fits with the needs of their jobs. This expression of their lives becomes their spirituality. In fact, spirituality is most often described as a way of life.

Many people confuse spirituality with something otherworldly or an activity of thought that is confined to churches, synagogues, and temples. Spirituality has to do with the down-to-earth, daily ways that we live our lives. We might use theology to describe how we think about God, and spirituality as the way we live.

For a moment, think about spirituality in this way:

Do our lives allow us time to pull back, read and reflect?

Do we get enough sleep?

Do we have time for family and friends?

Do we take kind of vacations that nourish the spirit?

If the answers to these questions are no, we are likely living a spirituality that is unhealthy for us. The state of our spirituality impacts the way we are when we're on the job. It influences every interaction we have. A patient receiving identical treatment from two different nurses will have remarkably different experiences depending on those nurses' spiritual condition. How we do what we do – the kind of presence we bring to work-is of immense significance.

I will think about how I live. If I need to change, I will. Patients need it, my family and friends will welcome it, and I will thrive.

Sister Mary Agnes
Chaplain

Do you need to call someone at St. Aloisius Medical Center?

We have many direct dial numbers:

Do you need Medical Floor? 324-5112

Do you need Unit A? 324-5118

Do you need Unit B? 324-5121

Do you need Daycare? 324-5109

Do you need Gail Grondahl? 324-5120

Do you need Candie Thompson? 324-5113

Lab? 324-5116

Radiology? 324-5107

Physical Therapy? 324-5119

Tell your family members how to get a hold of you by calling directly instead of calling the switchboard. It will be faster!

Feast Day of the Sisters of Mary of the Presentation
on Wednesday, November 21.

November 21 is the feast of the Presentation of Mary at the temple. This celebration recalls a legendary custom of the early church at which Mary's parents, Jochim and Anne presented Mary a child to be offered to God to live in accordance with His will and to ask for the grace and power to be faithful. Scripture relates how Mary was faithful as she responded to God's will in accepting to be the mother of Jesus, the Savior. Mary is the patron and model of the Sisters of Mary of the Presentation. The Sisters give Mary a special place of honor and celebration their patronal feast day in religious gatherings.

WANTED!

The Activities Dept. is setting up a store for the residents to purchase items with the nickels they win beginning the end of January 2013.

Items needed: stamps, stationary, cards, socks, slippers, aftershave, lotions, jewelry, books, fingernail polish, snacks (candy bars, chips, breath mints, pop, etc.)

If you have an item to donate, bring it to the activity department on Units A or B.

Thank you for taking the time to help get this project up and running!

November JOYBOOSTER
Hospice Soup Luncheon at the Presentation Center
ALL EMPLOYEES WELCOME!



November 16
11 AM TO 1 PM



Remember: The Annual Awards Banquet is scheduled for December 7th at the Eagles Club. See you there!